

DE PERE RED DOGS RUGBY

Registration is open for De Pere Middle School Rugby Club! Rugby helps build explosive speed, agility, strength and resilience. Players learn advanced tackling, ball handling, passing, kicking and team building techniques to enhance skills for both rugby and other popular sports.

Middle School Red Dogs Club is open to any 5th, 6th, 7th and 8th grader from any area school!

No experience needed.

Visit <https://www.depererugby.com/>

or scan the QR code to learn more or sign up to play with De Pere Red Dog

Rugby Club this spring—practices start in March!

